

May 25, 2014
"Cutting Through the Matrix" with Alan Watt
(Blurb, i.e. Educational Talk)

Poem Copyright Alan Watt May 25, 2014:

The Psychology of Conology:

"Bernays, Manipulator of Public Opinions,
Helped Guide the Culture of the Minions,
Nimble Jumping Like a Great Jack Rabbit
From Field to Field and Altering Habit
For Government, Industry Where 'ere He Went,
Upon the People He Manufactured Consent,
He's Inside Your Brain, You've Nowhere to Hide,
Normalizing Your Acceptance of Fluoride,
Scoffing the Masses, He'd Often Proclaim
Behaviour Modification Brought His Disdain,
There was Nothing He couldn't Accomplish,
If Reason, Sense He could Demolish,
Directing Thoughts He Did with Ease,
This Lauded, Applauded Anti-Social Disease"

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Hi folks, I'm Alan Watt and this is Cutting Through The Matrix on May the 25th, 2014. Tonight I'll talk about another player, one of the many players, the big players, who profoundly helped the organization which runs the world, and who is dead now, who played a massive part, *a massive part*, along with other big players in the global agenda. They all belong to the same global institutions. They networked with each other. They attended the same global meetings to decide the future of humanity, the future of how to handle and manage billions of people across the world in a global society, and under eventually a global government, *on behalf* of the elite that already owned the monied system and the commercial system of the time, and still do it by the way, their descendants do.

So you find if you go back into the writings, they put out copious writings at one time when the public were not so aware of what was going on; they were kept in the dark, on purpose of course. But they did publish a lot of books for their own kind to read, and anybody in the general public who was into what was really happening, why things were happening, why culture was managed and changing all the time. Being *directed* to the changes, why it was happening because it's only there that you find the answers as to why it's happening.

Tonight I'll touch on Arthur Koestler who wrote **The Ghost In The Machine** and many other books too. He belonged to the same institutions, as I say, as Bertrand Russell and many others, and Aldous Huxley, and they were all friends with each other. You'll find that they all belonged to the intelligence services during World War II and often afterwards as well. But they definitely all, afterwards, were into the global agenda, meeting at world meetings, the United Nations. They worked with university faculties in the study of behaviorism, for instance, and how to modify the human being to make them complacent, compliant citizenry that would basically be happy, as children are kept happy - you don't tell them much of what's really happening. Keep them happy and that's all that they'll need basically, while they can be managed and exploited too.

I've touched on many of the big players down through the ages, right up to the present time in fact. But Koestler was important as well... because he had a tremendous ego. They all had tremendous egos, these characters, thinking they were part of the new scientific establishment that helped to run the world and shape the whole future. Fashion, culture, even music and so on, they all touched on the same things. So I'll read a bit of one of his books called **The Ghost In The Machine**. Now, I've touched on it before in the past if you go into the archives section at cuttingthroughthematrix.com and you can go through the old talks I've given years ago on some of these players. If you don't understand the past you won't understand the present, because the past is still going on. Many of the agendas to do with step-by-step cultural changes towards a definite goal have already taken place in our lifetimes. These guys, as I say, many of them are long dead but it's still going on. Step by step, incrementally they knew how to do it. And they have more to come yet, that was still devised, in the changes, devised in their age as well.

So he talks in **The Ghost In The Machine** on page 333 about even birth control and altering women's behavior as well. I've mentioned this so many times because you see, biochemistry was to be very, very important in the future. It became that way, even before I was born, and right up to the present time. There are ongoing researches into biochemistry and how it can alter human behavior. Not just

physical appearance, which it does too by the way, but human behavior as well. I've mentioned that Charles Galton Darwin wrote a book called **The Next Million Years** where he goes into it too and talks about PUTTING HORMONES IN THE FOOD, THE WATER, AND VARIOUS OTHER METHODS OF INSERTING THESE HORMONAL CHANGES INTO SOCIETY, THAT WOULD AFFECT THEIR BEHAVIOR, MAKE MEN LESS AGGRESSIVE AND MAKE THEM BEHAVE THEMSELVES AND BE COMPLACENT. Or, as even Aldous Huxley said, PERHAPS AT TIMES WHEN THEY SHOULDN'T BE SO COMPLACENT AND AT PEACE, when they're being used for instance, THEY WOULDN'T MIND. Today we have masses of entertainment to keep you just like sucking a lollipop all day long. And people, that's all they do now on their cell phones, etc., they are entertained to death, literally, in a sense.

But getting back to **The Ghost In The Machine**, at the top of the page Huxley touches on, after a long chapter on to alter the hormonal balance in women and so on, he says,

We may be able to prevent the demotic apocalypse by interfering with women's estrous cycle. We cannot cure our paranoid disposition by putting additional wiring circuits into our brains (*Alan: They already were working, in Tavistock, by doing just that, by putting wiring into the brain; they were literally hardwired to various buttons and so on. But he says...*) but we may be able to achieve a cure or at least significant improvements by directing research into the required channels.

Now, what's the 'cure' he's talking about? The *cure for what* is also important. Well, it's the wild part in human nature. We're all basically... We all have so-called animal instincts. These are primal drives of procreation to keep the species going, etc. Everyone is subject to it of course. He talks about the need to control population; big, big agenda. All of the big players mentioned heavily population control, because it's always been on their minds. It really took on after Darwin came along. He was part of the same agenda to replace the old religions and so on with scientific dictatorship you might say, or oligarchy. Aldous Huxley talks on that too where he said that he and his family members belonged, and Julian Huxley, his brother, said the same thing, they belonged to the scientific elite. He didn't mean just in chemistry and so on. He meant the behavioral sciences, all of the sciences to manipulate society, manipulate them and give the culture which the people would unfortunately follow. That's how easy it is to lead the people; by putting out stars in front of them they follow what the stars do and so on. The public have no idea that stars can be completely talentless, because the machinery of making a star through propaganda, massive publicity is all you would really need today. That's all you really need and it's been like that way for an awful long time. Talent comes down the ladder actually and why they pick some of the people, it's up to you to decide, to make them stars. But you find that he goes into this whole thing too, of altering the estrous cycle in women by adding certain hormones which would interfere with other main hormones, etc. It would change behavior. It would change even the psychology you might say of the subjects as well, maybe even make them more aggressive. Well, we've seen that in women too. And men become a lot more passive, a lot of them. But anyway it says here...

Mutating into the future

(Alan: ...in 1961. These are ongoing studies and meetings that they have.)

The University of California San Francisco Medical Center organized the symposium of control of the mind. *(Alan: ...control of the mind.)* At the first session professor Holger Hyden of Göteborg University made headlines in the San Francisco press, although the title of this highly technical paper was called Biochemical Aspects of Brain Activity, was hardly designed to appeal to the popular press. *(Alan: That's how they mislead the public too, and keep the press off their backs, by giving it a very amorphous title, really, something that's very vague, and the people don't turn up. But if they put down "control of the mind" it would've been a different story altogether.)* The passage which created the sensation as quoted below and the reference to Koestler himself is explained by the fact that I was a participant of the symposium. *(Alan: This is what came out, it did leak out into some of the press, even though they took precautions, as I say.)*

In considering the problem of control of the mind, the data give rise to the following question: would it be possible to change the fundamentals of emotion by inducing molecular changes in the biologically active substances in the brain? The RNA, in particular, is the main target for such a speculation *(Alan: Now, they were already doing massive tests, they had been since even the early 50s, on all of these things. So they weren't speculating as much as he made it out to be that they were.)*, since the molecular change of the RNA may lead to a change in the proteins being formed. One may phrase the question in different words to modify the emphasis: do the experimental data presented here provide means to modify the mental state by specifically induced chemical changes? Results pointing in that direction have been obtained; this work was carried out using a substance called tricyanoaminopropene (TRIAP)". *(Alan: And it goes on to say here in the article...)*

Here at our disposal, to be used wisely or unwisely, is an increasing array of agents that manipulate human beings. It is now possible to act directly on the individual to modify his behavior instead of, as in the past, indirectly through modification of the environment. *(Alan: Now, modification of the environment has a tremendous impact. You can do that by creating social approval and social disapproval. It's used heavily in universities. They tell you what not to talk about, what's taboo. And they can train the people so easily to turn on a person who just uses a word or asks a question about a certain topic that's completely taboo and off-limits. We're trained all the time by the environment in which you live or work and so on. It's quite easy to institutionalize such taboos throughout society, and it's done heavily today. He goes on to say...)* This then constitutes a part of what Aldous Huxley has called The Final Revolution. *(Alan: So here's chemical agents which can biologically manipulate human beings, you see. He says...)*

I must comment on the last paragraph in this quotation. Huxley was haunted by the fear that this Final Revolution brought about by the combined effects of drugs and the mass media. *(Alan: ...because they wanted to use pharmacology in a big, big way across the entire society; they've been pretty well successful. Even grabbing the children when they're young, creating diseases that don't exist, to do with their mind, and drugging them too.)*

Within a generation or so for our entire society is a sort of painless concentration camp of the mind in which people will have lost their liberties and the enjoyment of a dictatorship without tears. (*Alan: Now, the dictatorship Huxley was talking about of course was the scientific dictatorship that Bertrand Russell vastly promoted, greatly promoted. He was all for this scientific dictatorship, which Russell said, A SCIENTIFIC DICTATORSHIP WOULD BE INCREDIBLY CRUEL because it wouldn't bother with human emotions or pity, etc. etc. Tremendously cruel. And he was all for this whole thing. But getting back to the article here...*)

...a painless concentration of the mind in which people have lost their liberties, and the enjoyment of a dictatorship without tears. In other words, the state of affairs described in **Brave New World**. As an antidote (*Alan: ...this is interesting...*) Huxley advocated the use of mescaline and other psychedelic drugs to guide us along the eightfold path towards cosmic consciousness, mystic enlightenment and artistic creativity.

Now, even though Koestler said he is disagreeing with Huxley on this point of using these drugs, don't get him wrong. You understand, the big agencies that run the world are employed with the think tanks and all the laboratories etc., etc., controlled studies in behaviorism, on populations that don't even know they are being studied, have been going on for an awful long time. What they will do at the top, they will take maybe five or six different ways that they think could possibly work in modifying people's behavior. And the ones who are all friends at the top, in these circles, are given massive grants to carry out experiments on the general population to see which ones work. They don't necessarily agree with each other, and they are allowed to say so to each other, but they're still all friends. So on the one hand you have Koestler with his idea of how it should work and you have also Huxley with his. Remember, there's a lot of egos involved, as I said before, with these people who are the movers and shakers, and they spearhead investigation into controlling all humans in every possible way.

So he disagrees with him on using what became very popular at that time, was mescaline, the LSD, things like that, drop out, etc., and drop in and blah-blah-blah. All the stuff that came out with the hippy movement, it was all manufactured by associated think tanks, and CIA funding too of course, to create the hippy generation, the dropout generation and so on, which worked awfully well. A lot of folk dropped out of college, universities. Some didn't even make it to college; they were already so far gone with their minds being blitzed with LSD that they were out of action for many, many years, some permanently. But they also found out that such a society could not be productive. Because when you're stoned all the time you don't care about going to work, you don't worry about getting to work, you don't worry about anything eventually, as long as you can get lots and lots of drugs.

You'll find the same thing being instituted at the same time of course with big Pharmacology and the medical associations promoting all of these particular tranquilizers which they could drug the populations too. And they targeted mainly housewives initially in Britain and other countries too. I think back in the 70s at one time tranquilizers like Librium and Valium, they said, I think it was 70-odd percent of the women at that time either had taken it or were being prescribed it, for anxiety or depression or whatever. In other words, they felt life was passing

them by, because the cultural blitz through all media at that time was that everyone should have a job, have a function, have a career, etc. If you were in the home you were a nobody, you were looked down upon, you were a third-class person and so on. You should be out having excitement, even having affairs, that was heavily promoted too, long before then of course; it was promoted even back in the late 1800s by HG Wells, and all through his life afterwards. So we've been experimented with for an awful long time. But he says here in his book...

I am an admirer of Huxley's personality and work, but in the last years I profoundly disagreed with him and the points of disagreement will help clarify the issue. He said in **Heaven and Hell**, praising the benefits of mescaline, Huxley offered this advice to modern man in search of his soul. "Knowing as he does what are the chemical conditions of transcendental experience, the aspiring mystic should turn for technical help to the specialist in pharmacology and biochemistry, in physiology and neurology." (*Alan: That's very interesting.*) Now this is precisely what I do not mean by the positive uses of psychopharmacology. In the first place, experimenting with mescaline or with LSD-25 does involve serious risks. But quite apart from this it is fundamentally wrong and naïve to expect that drugs can present the mind with gratis gifts, put into it something which is not already there. Neither mystic insight nor philosophic wisdom, nor creative power can be provided by pill or injection. The psychopharmacist cannot add to the faculties of the brain but he can at best eliminate obstructions and blockages which impede their proper use.

The key to all of this is that the big boys themselves, going along with the Darwinian school, claimed that man had gone wrong somewhere in his evolution. It's interesting they didn't want to change themselves at the top, including all the scientific elite. They wanted to REMAIN WILD MEN, as Charles Galton Darwin said quite plainly in his book **The Next Million Years**, BECAUSE THEY WOULD BE STEERING AND GUIDING THE PLANET EARTH, basically, the culture, everything, productivity and so on, TRAINING THE PUBLIC CONSTANTLY FROM GENERATION TO GENERATION, UPDATING THEM FOR CHANGES. BUT THEY THEMSELVES WOULD REMAIN WILD MEN SINCE THEY WERE THE CAPTAINS OF THE SHIP. IT COULD INTERFERE WITH THEIR OWN FACULTIES OF REASONING, ETC; IN A CRISIS SITUATION THEY WOULD NEED THOSE FACULTIES. BUT THE GENERAL POPULATION, he said, WOULD HAVE THEIR DECISIONS MADE BY THE STATE. All decisions would be made by the state, hence the massive increase in social work departments, etc. etc. etc. They make all your decisions for you. Koestler goes on to say in another page...

I'm aware that control of the mind and manipulating human beings have sinister undertones. Who is to control the controls, manipulate the manipulators? Assuming that we succeed in synthesizing a hormone which acts as a mental stabilizer on the lines indicated, how are we to propagate its global use to induce the beneficial mutation? Are we to ram it down people's throats? Or put it into the tap water? The answer seems obvious. No legislation... (*Alan: ...this is important, because it ties in with your addiction to Internet, pornography, food, all kinds of addictions. You might call them addictions if you want to, but really they're something that makes people feel pleasant in an era of unpleasant happenings and so on. It says...*)

The answer seems obvious. No legislation, no compulsory measures were needed to persuade the Greeks and Romans to partake of the juice of the grape that gives joy and oblivion. Sleeping pills, pep pills, tranquilizers have for better or worse spread across the world with a minimum of publicity or official encouragement. *(Alan: It wasn't really done officially through parliaments because parliaments are low on the totem pole, you understand. It was done by the agencies assigned by parliaments to do all this kind of stuff, and the special branches of secret services and so on.)*

They spread because people liked their effect and even accepted unpleasant or harmful aftereffects.

Not quite true. Because I've gone into the history of the drug introduction into society and how bags of LSD were thrown over university walls across Britain and other countries too, to get it all started. Many, many years afterwards – they can always tell you after the event because it's achieved their effect – we find that top promoters of the use of LSD, for instance, like Timothy Leary, were actually on the payroll of the CIA. He traveled across the world's universities promoting and encouraging this fantastic use of LSD. We also had the big culture creators for the rock bands, etc., heavily promoting the use of drugs through music and pop/rock, the revolution supposedly for the young, who really did believe it was their revolution, and they were managed all of the way. In every single iota of it they were completely managed. They had no idea that the ideas, even the songs often, were done by much, much older people in a completely different class than they'd ever, ever see. But it says here, basically, the people would like something. Now, you'll like a lot of things that will decrease misery, for instance, in a time of tremendous hardship. It's interesting too, that in the Soviet Union, often, outside Moscow you would have lineups and queues for food when it was hard at times, bad harvest or whatever. But you never had problems getting vodka, cheap, cheap vodka. The big boys understand this. Don't forget the Soviet Union was part of the big experiment too, and well-funded by the West. So they've always used various kinds of drugs to pacify the public in times of incredible hardships and financial troubles, etc. etc. But it says here...

They spread because people liked their effect *(Alan: ...the drugs and so on...)* and even accepted unpleasant or harmful aftereffects. A mental stabilizer would produce neither euphoria, nor sleep, nor mescaline visions, nor cabbage-like equanimity. It would in fact have no noticeable specific effect except in promoting cerebral coordination and harmonizing thought and emotion. In other words, restore the integrity of the split hierarchy. Its use would spread because people like feeling healthy rather than unhealthy in body or mind. It would spread as vaccination has spread, and contraception has spread, not by coercion but by enlightened self-interest. *(Alan: And of course this is going into behaviorism and those who control behavior. Because you might think it's your self-interest but you're generally wrong, in all the things they promote. What they mean, too, by a stabilizer, is to subjugate basically your wild, your natural survival instincts into a cooperative placid society for the general public. That's what he means by this too. These guys, remember, speak with, as the American Indians used to say, forked tongues. One for their own group and one for the outer group, the esoteric and the exoteric combined.)*

The first noticeable result would perhaps be a sudden drop in the crime and the suicide rate in certain regions and social groups where the pill would become fashionable. (*Alan: ...the contraceptive pill.*) From here on the developments are as unpredictable as the consequences of James Watts' or Pasteur's discoveries had been. Some Swiss canton might decide after a public referendum to add a new substance to the chlorine in the water supply. (*Alan: Well, we've got stacks of things; it's not just fluoride. Fluoride is a big one that does affect stabilization, because it makes you pretty well dumb actually if you take too much of it. It shouldn't be there at all. It's used widely. Studies are constantly going on, for the upper elite, which are never published for you to read, but we can see the fallout in society too. Anyway it says...*)

For a trial period they could use another drug along with chlorine and other countries might follow their example. (*Alan: You see. And it even says there might even be international fashions created amongst them, for the young, etc. etc. etc. But he says here on another page...*)

But we are a mentally sick race (*Alan: ...mentally sick. He calls the public mentally sick.*) and as such deaf to persuasion. It has been tried from the age of the prophets to Albert Schweitzer and the results have been, as Swift said, that WE HAVE JUST ENOUGH RELIGION TO MAKE US HATE BUT NOT ENOUGH LOVE TO LOVE EACH OTHER. That applies to all religions, theistic or secular, whether taught by Moses or Marx or Mao Tse Tung. And Swift's anguished cry, NOT DIE HERE IN A RAGE LIKE A POISONED RAT IN A HOLE, has acquired an urgency as never before. Nature has let us down, God seems to have left the receiver off the hook and time is running out. To hope for salvation to be synthesized in a laboratory may seem materialistic, crankish or naïve, but to tell the truth there is a Jungian twist to it (*Alan: Carl Jung.*) for it reflects the ancient alchemist's dream to concoct the elixir vitae. What we expect from it however is not eternal life nor the transformation of base metals into gold, but the transformation of Homo Maniacus into Homo Sapiens. When man decides to take his fate into his own hands that possibility will be within reach.

In other words, total tranquilization and various methods all combined, behavioristic methods, etc., and persuasion, and neuroscientific prompting as they say, Pavlovian responses and conditioning. They are all being used against you, and have been your whole life long, all from early school all the way through education and into your workplace because the media gives you it in so many different ways. They tell you who to hate, who is wrong by saying something. They tell you, tell you, tell you, and it sinks into you, that if you mention certain things and question certain things you're a *bad* person.

Never discount the effects that you get through indoctrination through fiction. Never discount it because it's incredibly effective. When you identify with the characters in a movie or whatever it happens to be, or drama, you will actually start to emulate what is said. Children especially, they mimic what they hear and see, even the cuss words, etc; that's why Hollywood put them in a long time ago. Remember, the Frankfurt School, for instance, were dedicated to destroying completely, *completely* the culture of the West, right down to promoting all modern arts, which are basically dehumanizing, they're depressing to look at. All

beauty was to be destroyed. All beauty. And that's part of it too. Then again, when the experts keep telling you this is a great painting, you're supposed to parrot it and say so. The ones who are easy, the real followers will say the same thing. They want to be in the group that says it's fantastic.

You find the same in music. You don't really have to sell all the records to get a number one hit. What you do, first of all, is promote it and say it *is* number one, by the machinery that creates the whole industry, and you'll believe it, and you'll go and buy the record, just to be in with everybody else... *oh, I've got that so I'm cool*, you see. So all of these things work awfully well. Never discount persuasion by your ability or your instinct to follow what you think are people, or even hero figures you might say, hero figures and role models. So never discount fiction because that's when you really are wide open to suggestion. When they promote something and they tell you, this is a bad thing to say or think or even discuss, and they'll make the character who does say those things or discuss them the most nastiest character of all, you see, and that's how your behavior is modified, when you don't question EVERYTHING.

If you can't question everything you'll never get to truth, obviously. But you see, the big boys don't believe that you have the capacity to handle truth. You're too primitive and emotional when you get truth, that's what they say. What a fantastic way for an elitist group to criticize you for finding out what's really going on, and hopefully to silence you in the process. None of these authors have self-doubt whatsoever as to THEIR particular primitive and base behavior. And some of them were the most foulest of people privately you could possibly ever meet, and still are. Very arrogant. Completely elitist. And they have no problems discussing amongst themselves things which they make taboo for you to discuss.

One of the big manipulators of the human mind, and psychology, who worked for private industry, the private foundations, the Rockefellers and many others, and helped to persuade the public to do certain things or buy certain things, and modify their behavior in the process, was Edward Bernays. I've gone through his history before and if you go into the archives section at cuttingthroughthematrix.com you'll find various talks I've given on Bernays and those who came after him, and also a bit of insight into who he was. Because he didn't just appear out of nowhere as *The Pioneer*, as he's called, *of Marketing*. This was going on for a long, long time before Bernays, amongst a select group who studied the peoples and countries, to merchandise to them, and study their behavior, and also observe the modifications that even their fashions that they would implement to countries, how it would modify the behavior of the people in the public etc. etc.

There's a book called **The Fluoride Deception**; it's well worth reading. Christopher Bryson is the author. He does an awfully good book on fluoride. Now, fluoride, you'll find, getting back to the last book I touched on with Arthur Koestler, fluoride was one of those agencies, those combination of chemicals, basically, they put into the water supply. And it has nothing to do, as far as I'm concerned with the studies I've done, to helping to give you better teeth. In fact, it makes your bones brittle and there's many other side effects physically, but there's also the mental stage as well. Harvard University did one of the more recent studies on fluoride and they claimed that it lowered your IQ points at least 7%. So it also alters the way that you behave to an extent too. You're not so, again,

the wild instincts, the parts that keep you alive, your instinctive drives are certainly dulled. So it works awfully well.

There's a chapter in this particular book, **The Fluoride Deception**, where the author goes into *engineering consent*, the term used by Bernays who didn't just teach it to the marketing companies and so on and to the big industrialists of the time to sell their products. He is given credit of course, Bernays, for altering the behavior of Americans and giving them the 'consumer society'. But he was involved in much more than that. Behavior modification was one of them. He belonged to some very interesting groups indeed that've been on the go for many centuries. He also worked for what we think of as the Marxist organizations. He was behind big movements of women's liberation in America early on. And like all of them of course they will personally benefit as they change the behavior of the public. Because he worked for massive tobacco companies, the largest in the world at that time, and he made it sexy for women to smoke by getting basically more elitist females that were known in society, society women, young women, and making cigarette smoking sexy and rebellious etc., etc. So he did that. He did the same thing with drinks, alcohol and so on and so on. But he also altered the fashion industry too, to an extent as well.

He even had the US involved with wars in Latin America when the big corporations which ran, were US-based that ran Latin America - in fact, I think the Rockefellers was one of them - with the United Fruit Company. He had them go in there and overthrow the democratically-elected president, claiming he was a communist, because he wanted a fair pay. All the produce was going out of the country, the people were getting paid peanuts of course for wages, for massive profit, and he wanted to change that, this particular elected president. And they overthrew him under the guise of communism. So he even had the U.S. Army literally go to war, and of course the taxpayers paid for it all. And during that particular war for about a year in advance he set up, like the Pathe News company, very similar to Pathe News, a version which really played on communism, communism, communism in Latin America, in order to prepare the public to be all for it and not complain when the US invaded this particular little country. Anyway, at the end of it all of course the fruit company was back in business and paying peanuts once more to their workers.

Anyway, Bernays, as I say he talked about *engineering consent* amongst the population. You think, and I've mentioned it so many times, you think you're coming to your own decisions and you're *not*. In most areas in fact you're *not*. I used to study the techniques on television, when I was young, that were used on the public. I realized that after a Prime Minister or a President gave a speech you always had two experts, always *experts*, came on afterwards to explain what the Prime Minister or President had just said. One would give a different opinion than the other, and that's the dialectical approach to things, you see. You're given this or that opinion. They don't really care which one you take because both of them will lead you up the garden path and mislead you as well.

But for those in-the-know, if you're listening to them making speeches, everything that they say is very legalistic. When the actual President or Prime Minister says it, it's legalistic and they're making massive decisions. It's like when George Bush Junior said he's giving you the *new* freedom, and no expert questioned that on your behalf, you see. The *new* freedom, what does he mean by the *new* freedom?

as opposed to the old freedom? Well, he's giving you a new deal – they like to call it these terms, like *new deal*. Here's the *new* freedom and the new freedom was turned out as basically a police state inside all Western countries, some worse than others at the moment but the US takes the lead in it at the moment along with part of England too. So listen very carefully to that. Don't listen to the experts afterwards, reinterpreting things. Listen to what the person says, legalistic terms said by the top honcho, supposedly, which has legalistic value, and something is going to get signed into law. Awfully important. You acquiesce to this consent; you consent to what you hear by the speeches, by saying nothing. You say nothing and therefore it all becomes law, quite quickly, without any fuss. Because the public generally don't know what it really means. They don't think deeply. They expect and wait for the media to give them their opinions on it. Their reasoning is done by the media. That's what Brzezinski said in one of his books, they had trained the public so well.

Before the 1950s, for instance, even before that, the public were very skeptical of media. They knew the barons owned it who worked for the establishment. They knew what they were getting fed was for political purposes on behalf of the establishment, never for the public. They knew they were being conned and lied to and they said as much too in their own little low-level publications. But today very few folk question the official media. In fact, they have trained the public, through social approval and social disapproval, etc, to bypass those people, ignore those people, who are then called a conspiracy nut, conspiracy crazies, the nutters, because they have these strange opinions on things. Why don't you be like the uniform opinion that we give you? that's what it really means. And to muddy the water they give you enough cranks that they'll promote out there for you to follow, that some people will follow, put it that way, that are utterly crazy. It's crazy like a fox, they're put out there on purpose to make true information, the facts, be ridiculed by lumping it in with all kinds of wacko things. It works awfully well too. Everything out there is dangerous until you think for yourself.

Bernays as I say talked about engineering consent. He worked for all, oh, many, many presidents from the early 1900s onwards, by the way. He lived to a very ripe old age. The author in *The Fluoride Deception* talks about meeting him to write the book on **The Fluoride Deception**. (By the way, I don't get paid a penny for mentioning these books at all. It's not me promoting something because I'm getting paid for anything.) But he does talk about Bernays, which is interesting. He talks about meeting him and how the old man at that time, well in his 90s; actually he met him on his hundredth birthday. You find the most evil people live an awful long time, because they don't worry about things. But he said here, this guy, to paraphrase it he said that he was there at the treaty of Versailles being signed. He's got photographs all over the place, his own house at that time, with Henry Ford, Eleanor Roosevelt, Edison, Eisenhower, Truman. He worked with presidents his whole life long to influence public behavior and opinion. He worked with the top moguls, as I say, in the tobacco industries, car manufacturing industries, etc., etc and so on. But he also had people in the arts, the general arts. He understood perfectly well that the whole creation of the arts, that's music, entertainment, of all kinds, paintings, dancing, fashion comes into it by the way. So he knew all the top players for all these things too. He helped to guide it all as well for the culture they wanted to create.

Even during World War II he worked for the US government along with the CIA, *in*

the CIA actually, to alter opinions within the country of the US and outside the US. Britain was doing the same thing of course, we know that too. Because George Orwell, or Blair as his name was, was working on the BBC at the time in the propaganda department, helping stabilize the news and keeping everybody in the right mode for war and putting up with suffering, and almost starvation in some parts with incredible rationing. But anyway, Bernays was employed also to add fluoride to water; that was a part of it. This ties in, as I say, with the previous Arthur Koestler book I just mentioned, about what do you do, do you put the chemicals in the water, add it to the chlorine that was already there, etc. and so on. Bernays admitted to doing that too. How he did it was by a technique that he already understood very well, TO GET ANY IDEA ACCEPTED. He says, basically, YOU PUT ON EXPERTS. You put experts in front of the public through magazines, television or whatever it happens to be, radio, and you pay the experts, top dentists, big money to say it's fantastic. In other words, you buy them off! It's very simple, they buy them off.

Bernays was famous for putting up, in the early days of pharmacology, famous for setting up little offices. He'd advise their clients, set up an office somewhere, get one secretary in and she'll answer the phone calls, send out the occasional letter, get a few top doctors' names on it and the public will believe it. That's your PR office basically. Bernays basically said, IF DOCTORS ARE FOR SOMETHING THE PUBLIC ARE WILLING TO ACCEPT IT. He understood perfectly well the public follow because they can't think for themselves. That's how all advertising does work. It sells you a fantasy. It's nothing to do with reality. I used to always wonder, the car ads on television always showed you one car, the car they were selling, flying along some road, with nobody else on it, with hills in the background and fields and so on, all happy, happy, happy. But it told you nothing about the car, the engine, guarantees, the workmanship, nothing at all. You're sold a fantasy.

He also mentions, this author here, that Bernays used the medical sympathy to boost a play that he helped produce. Now, why was a guy like that helping produce plays? Why? You see, he was into the culture creation business, as his relatives were before him. He understood it. The play was about, it was called **Damaged Goods**. **Damaged Goods** was about, really, venereal disease, which they changed to *sexually transmitted* disease. And now because we're in a politically correct world it's a *social* disease. [Alan laughing.] You see. But he got around the censorship of that era, because there was a lot of censorship back then because people knew the groups behind cultural shifts at that time, especially the churches, mainly at that time the Catholic Church. They were watching the movements of certain peoples and what they were promoting to destroy their culture; they understood it back then and they wrote a lot on it in fact. You can't find those articles, a lot of them, today, unless you've got the old stuff.

Anyway he basically got round it by, he created what was called a sociological committee. On the committee he had doctors and well known New Yorkers who talked about the benefits of the sex education and to endorse the play. Now remember, the elite have always had, and it's been mounting more and more and more, the idea of population control. That was one part of it, so that was in there too, you see, to promote the whole idea of the fallout of casual sex, which they were promoting. Because casual sex would ensure that fewer folk got married. At the same time they were promoting careers for women as well. It all ties in

together, you understand. It wasn't all by chance that different things developed at the same time. It was all tied together and directed and produced and promulgated amongst the public by *experts*... experts on advertising and behaviorism.

Of course we find too that Bernays was well aware of behavior of the public and how to alter behavior by using behaviorists, early behaviorists and the social sciences. All the way through his lifetime he used them for promoting all kinds of things to the general population. You'll find too, if you really delve into him you'll find his involvement in the music industry and promoting the whole 60s era as well, drugs, rock 'n roll, free love, etc., all that. But anyway, as I say, he's a very, very prominent person. You should go and do your own digging into it and see. There's so much on Bernays it's just incredible. So much was kept from the public. It wasn't just him himself, there was a whole coterie around him of similar people, very similar people in fact, who understood this and were working with him, on a large scale, well-funded. These guys did not work for peanuts. Not at all.

Bernays said, "THOSE WHO MANIPULATE THIS UNSEEN MECHANISM OF SOCIETY," that's the persuasion industry, "CONSTITUTE AN INVISIBLE GOVERNMENT, WHICH IS THE TRUE RULING POWER OF OUR COUNTRY. . . .OUR MINDS ARE MOLDED, OUR TASTES FORMED," I've told you about that before, your tastes on everything, "OUR IDEAS *SUGGESTED*, LARGELY BY MEN WE HAVE NEVER HEARD OF." Now, the author of this book on fluoride and Bernays basically, or Bernays is at least one part of it, one chapter in the book because he was such a major player in getting it promoted, you see, for the public acceptance and having it passed by law, into local authorities, into using this stuff on the general population. But it tells you the people who were there, who were the protesters against it, all the different organizations, prominent doctors and dentists and surgeons, everything. Very good. Then he goes into the opposition to it and so on as well. He talks about the top dogs that were involved in pushing it. And it's no coincidence in fact, you find that Detlev Bronk of the Rockefeller foundation was there too, because they really ran, and still do, the American Medical Association; everything to do with medicine. And it's awfully lucrative for them at the same time. Everything the Rockefellers touch, by the way, and all their philanthropy across the world, it also benefits their own private investments and interests, including Africa. I mean, they were into the Congo and different countries in Africa, and Nigeria, many, many, many moons ago to exploit the resources, under the guise of giving them work, etc. and helping improve their standard of living.

Anyway, during the campaign for fluoride Bernays did let some things out of the bag. At the time nobody knew, but old letters he wrote to other people involved are very telling. He said in one letter, ALL THIS INTRIGUES ME TO NO END, and he was writing actually at the time to a Doctor Baumgartner to do with fluoridation. He says, BECAUSE IT PRESENTS A CHALLENGING SITUATION DEEPLY RELATED TO THE PUBLIC'S INTEREST, WHICH MAY BE SOLVED BY THE ENGINEERING OF CONSENT. What he was referring to was an essay that Bernays had written before on techniques of media manipulation and public relations, to get the public to alter their behavior or buy something or do something, whatever it happened to be. So he goes into the techniques of what to do to promote consent for fluoride amongst the general population, getting top people at NBC, CBS, etc. debating it and so on, and again, present what appears

to be two sides. And actually, he referred to it this way too, USING THE DIALECTICAL PROCESS, Bernays, he says, IT'S LIKE PRESENTING TWO SIDES FOR ANTI-CATHOLICISM OR ANTI-SEMITISM. He says, WHAT THEY SHOULD REALLY DO IS BRING PEOPLE ON TO ACT IN A SPECIFIC WAY BUT *RATHER GENERICALLY*, he said, AND IT'S A TECHNIQUE THAT'S USED IN PERSUASION ON MEDIA THAT GETS THE PUBLIC TO GO ALONG WITH IT BY THE WAY IT IS PRESENTED TO THEM. Very interesting indeed.

But they got it through of course, using mass persuasive techniques. I'm sure a lot of payoffs went on behind the scenes because it was just too important to get fluoride out to the general public, to dumb us down, make us complacent, etc., etc., etc., more manageable you might say. Now, most of you probably know that what they put in your drinking water is actually a waste product from the creation of aluminum and so on, and various other processes, and processes used for the atomic industry. That's why they pushed it. They had all this waste material at the end of World War II, etc., and right up to the present time. How do you get rid of a lot of this stuff? Well, the big boys are famous for getting you to either eat it or drink it. Even your beer contains more chemicals than actually anything that is natural, to make it brew faster, so they can get it bottled quickly and out to you, and canned and so on. So that's how everything is done, through promotion, and stuff is often very, very lethal out there.

But you find that they knew what fluoride did an awful long time ago, an awful, awful long time ago in fact. In the 1940s they had disasters around certain chemical plants, there was the Donora Disaster, was one of them. You find that it was poisoning the air, all the stuff going into the air from fluoride and so on; it was an offshoot of it all. There was a mass investigation of it and their legal responsibility for many deaths was put right on the smelters. You'll find all around all smelters, actually, you'll get the similar problems; Sudbury up here not far from me is one of them too. They found different ways to get rid of all of the waste products and that was one of them too. You find that during the process of creation for uranium vast amounts of fluoride gas were needed by the atomic energy commission for enrichment of uranium at factories and so on too. So again, there's a lot of uses they have for this and hence the rise of it, and the excess of it too. How do you get rid of it too, the excess of it?

But it's just astonishing, as I say, to find out how much, how much was involved with fluoride and the movement to get it into your water supply, all contained in this book here, **The Fluoride Deception**. As I say, it's a good book. You should maybe read it if you can. Get a copy and go through it for yourselves. Because there's so much, packed with information on the history of fluoride, it's really something else. You can also read about how fluoride was well-known because of the factory fallout around the areas of the factories that produced stuff for the atomic industry, and even machinery and so on, making the machinery for big industry, had this stuff spewing out of their furnaces and how it poisoned large segments of the population with the fallout around these big, big plants. You'll find that they knew it affected the central nervous system. One of its main effects is in the central nervous system, which goes all the way to your brain of course, which they already knew. But it was put down as an essential for 'national security', the production of all of this too. And aluminum vastly increased the production of iron and steel and all these things by the different metallic compounds they could use, in the handling of the molten steels, etc., especially aluminum. So it's quite

fascinating to see how much importance was placed on that.

But they did know what it did to the human brain all along, of course, which ties in with the other groups that always, the very groups that say, WE CANNOT LET A GOOD CRISIS GO TO WASTE. They will use whatever they can if it fits in with their agenda, and dumbing down the population is certainly a big, big part of it. And it's still going on across the world today. And still a big battle is raging when folk catch on to it and demand it be removed. But it doesn't really matter because the big boys generally always get their way. If they can't do it legally they'll bypass it and get it in some other way and call it a different name or a different compound, or whatever. That's the world we really live in, you understand. That's how it really, really does work.

I always like George Orwell's comment, his little statement that THE PROLES DON'T COUNT. Meaning, the general population, we don't count, in anything. We're given our front groups too, that manage us when we protest things, that get nowhere of course. We are given all of them, rather than get one started up yourself; even if you do, it will be infiltrated before you know it. So there's a constant war, and I mean a *total* war going on on the general public all the time. It's been awfully successful, awfully successful right up to this present time, with all of the different sciences involved, and behaviorism etc., etc. It's been going on for an awful long time. Tremendous it is in its antiquity. It's tremendously old. And it's still going on today.

But I keep stressing that big powerful foundations and the big moguls behind them, the families behind them are still involved in your politics, managing all of that. Your geopolitics across the world for their own businesses using your armies, etc., all heavily working today on the same agenda. Being the elite they have the right to rule the world and shape it in their fashion, their likeness, to suit themselves. But you will never, ever, ever be allowed to graduate up to their level, because they do not believe in competition. That was a famous statement put out by the old man Rockefeller, John Rockefeller who said that COMPETITION IS A SIN. And they really mean it. When they give you free trade and all the rest of it, it's to *eliminate* competition and to let their own front CEOs, and I mean front CEOs of their front organizations, take over all of commerce across the world, and economic power brings political power and legalistic power as well. That's how we are really governed, I should say.

Now, there's way too much, as I say, to go into all of this. You can do all your own research. There's stacks of information out there. Go into all the university studies that back up the ill side effects of fluoride and many other things too. It's not that long ago that the same big boys pushed for putting other medications in the water. These are medications, they're drugs, remember. Because they're given a different name and they don't sell it across the pharmacy as a drug, it's still a drug. These are all drugs. Chemical compounds are drugs. And you can mix them together, say, in a vat or even in a water supply and you come out with a different drug, the one that you planned when you combine them all together. That's how you make drugs, you combine things. But they won't tell you they're combining things. *Oh, we're only putting this one in here*, and over there they're putting that one in there. But combine the two together and you've got a new drug, which is psychoactive or whatever it happens to be. Or a sterilant; it can sterilize you.

So that's the world we live in and to understand it all you have to do an awful lot of research. Don't just parrot what other people say. Be very careful who you do want to parrot as well, I should say. Because I really mean it, it's a war out there and the big boys always put their strategists in place to be the champions and the leaders of all wars, on all sides.

From Hamish and myself from Ontario, Canada, it's good night and may your God or your Gods go with you.

For more information please visit the web sites:
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